

## ***Raising Kids Without Raising Your Blood Pressure***

*"Train up a child in the way he should go, and when he is old he will not depart from it."* - Proverbs 22:6

### **Why is Raising Children Sometimes Frustrating?**

1. We don't always know what to do.
2. We feel the weight of the responsibility.

The starting point in raising your child is in knowing your child.

"Train up" means:

- Create a thirst
- Direct or lead

"In the way he should go" means:

- According to his unique character

### **Two Major Mistakes in Raising Kids**

1. Raising our kids the way we were raised.
2. Comparing our children with each other.

### **Parents' Responsibilities**

1. To give security to our children.

Secure people

- know who they are
- like who they are
- are who they are

Secure people are "real"

2. To develop good "leanings" in our children.

*"For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made."* - Psalm 139:13,14

Good leanings are developed when the parent...

1. Understands God has a plan for that child.
2. Looks for the uniqueness of that child.
3. Provides opportunities to use those gifts.
4. Provides a climate of encouragement.

3. To battle the bad "leanings" in our children. We do this by....

1. Getting inside help.
2. Understanding each child's detour.
3. Disciplining them consistently.

### **Application - Four Suggestions**

1. Determine your priorities.
2. Record your observations.
3. Share your feelings.
4. Pray with your children.

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2. Comparing our children with \_\_\_\_\_.

### **Parents' Responsibilities**

1. To give \_\_\_\_\_ to our children.  
Secure people
  - \_\_\_\_\_ who they are
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2. To develop good "leanings" in our children.  
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3. To battle the bad "leanings" in our children. We do this by....
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### **Application - Four Suggestions**

1. Determine your \_\_\_\_\_.
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3. Share your \_\_\_\_\_.
4. \_\_\_\_\_ with your children.