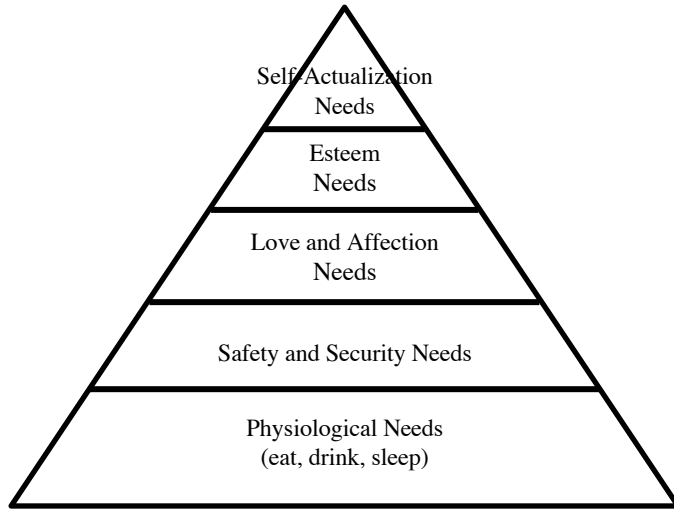


# “What I Really Need is Security”

*(A look at our Hunger for Physical and Emotional Security)*

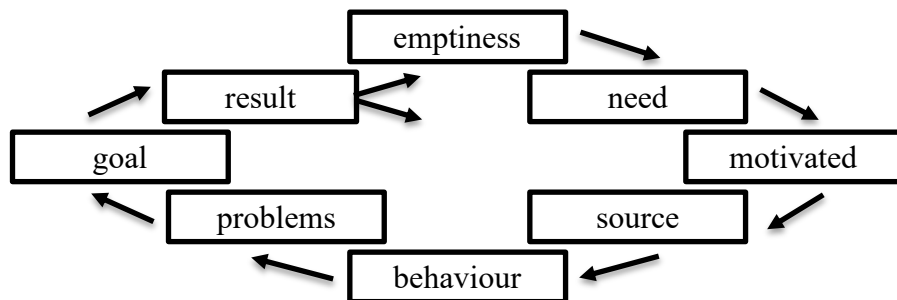
## Maslow’s Triangle of Human Need



### Three Components Necessary for Inner-Health

- |                          |                                 |
|--------------------------|---------------------------------|
| 1. A sense of worth.     | If missing, we feel inferior.   |
| 2. A sense of belonging. | If missing, we feel insecure.   |
| 3. A sense of purpose.   | If missing, we feel inadequate. |

### My Search for Security



## Matthew 6:25-34

“I tell you not to worry about your life. Don’t worry about having something to eat, drink, or wear. Isn’t life more than food or clothing? <sup>26</sup>Look at the birds in the sky! They don’t plant or harvest. They don’t even store grain in barns. Yet your Father in heaven takes care of them. Aren’t you worth more than birds?

<sup>27</sup>Can worry make you live longer? <sup>28</sup>Why worry about clothes? Look how the wild flowers grow. They don’t work hard to make their clothes. <sup>29</sup>But I tell you that Solomon, with all his wealth, was not as well clothed as one of them. <sup>30</sup>God gives such beauty to everything that grows in the fields, even though it is here today and thrown into a fire tomorrow. He will surely do even more for you! Why do you have such little faith?

<sup>31</sup>Don’t worry and ask yourselves, “Will we have anything to eat? Will we have anything to drink? Will we have any clothes to wear?” <sup>32</sup>Only people who don’t know God are always worrying about such things. Your Father in heaven knows that you need all of these. <sup>33</sup>But more than anything else, put God’s work first and do what He wants. Then all the other things will be yours as well.

<sup>34</sup>Don’t worry about tomorrow. It will take care of itself. You have enough to worry about today.”  
- Matthew 6:25-34 (CEV)

### Why People Worry

1. They fail to realize their own significance.  
*“Look at the birds in the sky! They don’t plant or harvest. They don’t even store grain in barns. Yet your Father in heaven takes care of them. Aren’t you worth more than birds?”*  
- Matthew 6:26
2. They don’t know God.  
*“Only people who don’t know God are always worrying about such things.”*  
- Matthew 6:32a
3. They don’t realize that God knows their needs.  
*“Only people who don’t know God are always worrying about such things. Your Father in heaven knows that you need all of these.”*  
- Matthew 6:32b
4. They fail to put God first in their lives.  
*“But more than anything else, put God’s work first and do what He wants. Then all the other things will be yours as well.”*  
- Matthew 6:33

## Most Common “Anxiety Areas”

### 1. Health.

- If you look like your passport picture, you’re too ill to travel.

### 2. Money.

### 3. Family.

## Psalm 37:3-7; 23-25

“**Trust** in the Lord, and do good: **dwel**l in the land and cultivate faithfulness. **Delight** yourself in the Lord; and He will give you the desires of your heart. **Commit** your way to the Lord, trust also in Him, and He will do it. And He will bring forth your righteousness as the light, and your judgment as the noonday. **Rest** in the Lord and wait patiently for Him; do not fret because of him who prospers in his way, because of the man who carries out wicked schemes.

<sup>23</sup>The steps of a man are established by the Lord; and He delights in his way. When he falls, he shall not be hurled headlong; because the Lord is the One who holds his hand. I have been young, and now I am old; yet I have not seen the righteous forsaken, or his descendants begging bread.  
- Psalm 37:3-7; 23-25 (CEV)

## Five Steps to Security

### 1. Commit = to reveal.

- Reveal your way to the Lord. Be open and transparent with Him.

### 2. Trust = to release.

- Release your self-reliance and do the good God wants you to do.

### 3. Dwell = to remain.

- Remain where you are and see the faithfulness of God.

### 4. Delight = to rejoice.

- Find your joy in God and desire only His best for you.

### 5. Rest = to rest.

- Be silent before the Lord. Be ready in the Lord. Listen for His voice.

## Secure people ...

- Know who they are;

- Like who they are;

- Are who they are;



– Secure temporarily

- And they give themselves to God. – Secure eternally!

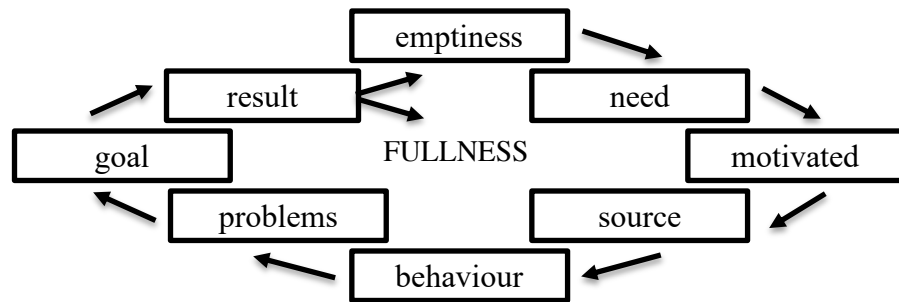
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## Most Common “Anxiety Areas”

- Health
- Money
- Family

## Five Steps to Security

*“Trust in the Lord, and do good: dwell in the land and cultivate faithfulness. Delight yourself in the Lord; and He will give you the desires of your heart. Commit your way to the Lord, trust also in Him, and He will do it. And He will bring forth your righteousness as the light, and your judgment as the noonday. Rest in the Lord and wait patiently for Him; do not fret because of him who prospers in his way, because of the man who carries out wicked schemes.*

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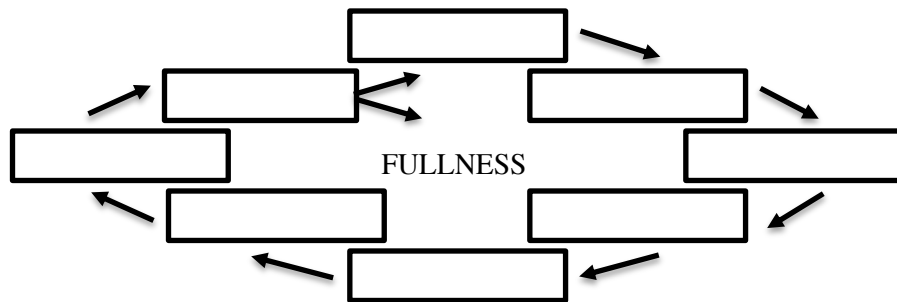
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