Matthew 5:5 **The Beatitudes** Week 3

# The Power of Being A Controlled Person

"Blessed are the meek, for they shall inherit the earth." - Matthew 5:5

"A little while, and the wicked will be no more; though you look for them, they will not be found. But the meek will inherit the land and enjoy peace and prosperity." - Psalm 37:10,11

The disciples, and everyone else, were looking for a military Messiah to throw off the Roman occupation. Then Jesus tells them that the meek will inherit the earth. How confusing that must have been.

# The Meaning of Meek:

- 1. Meekness is anger under control.
  - The word meek is closely related to the word anger. Meekness is "anger under control" or "power under control."
    - There are times it's right to be angry.
    - But we shouldn't always unleash our anger impulsively.
- 2. Meekness is the balance point on the spectrum of anger.
  - The balance point between a spendthrift and a miser is a generous person.
  - The balance point between someone with uncontrolled anger and someone who never speaks up is a meek person.
    - "To be angry on the right occasion with the right people is what meekness is all about." Aristotle
    - Meekness is being able to control and express anger in the right way and at the right time.
    - The Bible speaks of anger 455 times. 375 times it's speaking of God's anger, sometimes unleashed, sometimes restrained.

#### 3. Domestication

- The word for meek, translated into English, is the word for "domestication"
  - We don't want God's "leash" on us, restricting us.
  - We should be listening to the Master's voice, and obeying.

#### Meek Men of God

- 1. Moses (Numbers 20:8-12)
  - "A person without power over his spirit is like a city whose walls have been broken down." Proverbs 25:28
- 2. David (1 Samuel 24:1-19)

"He that controls his anger is better than a man who conquers a city."

- Proverbs 16:32

3. Jesus

"But Jesus made no reply, not even to a single charge—to the great amazement of the governor." - Matthew 27:14

• See also Matthew 11:28; 21:5; 21:13; 26:52; 27:14

### The Earth Will Be Theirs:

- 1. The worldly approach to earthly power:
  - Use it for yourself. Unleash it!
- 2. The Christ-controlled approach to earthly power:
  - Use it for God. Serve others!

## **Application Project:**

- 1. How does the Biblical meaning of "meekness" differ from worldly concepts?
- 2. When I have been controlled by my impulses and instincts, what has been the result in my life and in the lives of others?
- 3. What will help to develop a spirit of meekness in me?

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