

# "The Heart of Prayer"

March 15, 2020

Answer me quickly, LORD;  
my spirit fails.

Do not hide your face from me  
or I will be like those who go down to the pit.  
<sup>8</sup>Let the morning bring me word of your unfailing love,  
for I have put my trust in you.  
 Show me the way I should go,  
for to you I entrust my life.  
<sup>9</sup>Rescue me from my enemies, LORD,  
for I hide myself in you.  
<sup>10</sup>Teach me to do your will,  
for you are my God;  
may your good Spirit  
lead me on level ground.

Psalm 143:7-10

**Introduction:**

"The LORD does not look at the things people look at. People look at the outward appearance, **but the LORD looks at the heart.**"      *1 Samuel 16:7*

"After removing Saul, he made David their king. God testified concerning him: 'I have found David son of Jesse, a man after my own heart; he will do everything I want him to do.'"      *Acts 13:22*

*Today we will discover that a person with a **heart of prayer**, like David, trusts God, follows God, and longs for God. We are to face overwhelming trials with humble, believing, obedient, and hope-filled prayer that seeks not only help from God, but also to know Him better.*

*The Heart of Prayer is...*

**1. Humble, believing, obedient, and hope-filled.****a. A Humble Heart.**

*LORD, hear my prayer, listen to my cry for mercy; in your faithfulness and righteousness come to my relief. Do not bring your servant into judgment, for no one living is righteous before you.*

Vs. 1-2

*The Lord always knows what is in our hearts.*

*Proverbs 21:1***b. A Believing Heart.**

*I remember the days of long ago; I meditate on all your works and consider what your hands have done.*

V. 5

**c. An Obedient Heart.**

*Teach me to do your will, for you are my God; may your good Spirit lead me on level ground.*

V. 10

**d. A Hope-Filled Heart**

*For your name's sake, LORD, preserve my life; in your righteousness, bring me out of trouble.*

V. 11

**2. To know God better and to make Him known.****a. Remember and celebrate all that God has done.**

*I remember the days of long ago; I meditate on all your works and consider what your hands have done.*

V. 5

**b. Reach out to God as His children.**

*I spread out my hands to you; I thirst for you like a parched land.*

V. 6

*See what great love the Father has lavished on us, that we should be called children of God!*

*1 John 3:1***c. Long to hear from God.**

*Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life.*

V. 8

**d. Seek God first and follow His lead.**

*Rescue me from my enemies, LORD, for I hide myself in you. Teach me to do your will, for you are my God; may your good Spirit lead me on level ground.*

Vs. 9-10

*"God uses prayer to radically reorient our hearts, which can be disturbing." -R. Albert Mohler*

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**1. Humble, \_\_\_\_\_, \_\_\_\_\_, and hope-filled.****a. A \_\_\_\_\_ Heart.**

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**b. A \_\_\_\_\_ Heart.**

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**c. An \_\_\_\_\_ Heart.**

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