

"The Heart of Prayer"

March 15, 2020

Answer me quickly, LORD;
my spirit fails.

Do not hide your face from me
or I will be like those who go down to the pit.

⁸ Let the morning bring me word of your unfailing love,
for I have put my trust in you.

Show me the way I should go,
for to you I entrust my life.

⁹ Rescue me from my enemies, LORD,
for I hide myself in you.

¹⁰ Teach me to do your will,
for you are my God;
may your good Spirit
lead me on level ground.

Psalm 143:7-10

Introduction:

"The LORD does not look at the things people look at. People look at the outward appearance, **but the LORD looks at the heart.**" *1 Samuel 16:7*

"After removing Saul, he made David their king. God testified concerning him: 'I have found David son of Jesse, **a man after my own heart**; he will do everything I want him to do.'" *Acts 13:22*

*Today we will discover that a person with a **heart of prayer**, like David, trusts God, follows God, and longs for God. We are to face overwhelming trials with humble, believing, obedient, and hope-filled prayer that seeks not only help from God, but also to know Him better.*

The Heart of Prayer is...

1. Humble, believing, obedient, and hope-filled.**a. A Humble Heart.**

LORD, hear my prayer, listen to my cry for mercy; in your faithfulness and righteousness come to my relief. Do not bring your servant into judgment, for no one living is righteous before you.

Vs. 1-2

The Lord always knows what is in our hearts. *Proverbs 21:1*

b. A Believing Heart.

I remember the days of long ago; I meditate on all your works and consider what your hands have done. *V. 5*

c. An Obedient Heart.

Teach me to do your will, for you are my God; may your good Spirit lead me on level ground. *V. 10*

d. A Hope-Filled Heart

For your name's sake, LORD, preserve my life; in your righteousness, bring me out of trouble. *V. 11*

2. To know God better and to make Him known.**a. Remember and celebrate all that God has done.**

I remember the days of long ago; I meditate on all your works and consider what your hands have done. *V. 5*

b. Reach out to God as His children.

I spread out my hands to you; I thirst for you like a parched land. *V. 6*

See what great love the Father has lavished on us, that we should be called children of God! *1 John 3:1*

c. Long to hear from God.

Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life. *V. 8*

d. Seek God first and follow His lead.

Rescue me from my enemies, LORD, for I hide myself in you. Teach me to do your will, for you are my God; may your good Spirit lead me on level ground. *Vs. 9-10*

"God uses prayer to radically reorient our hearts, which can be disturbing." -R. Albert Mohler

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The Heart of Prayer is...

1. Humble, _____, _____, and hope-filled.**a. A _____ Heart.**

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d. A _____ - _____ Heart

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