

## "A Song for Endurance!"

Do not fret because of those who are evil  
or be envious of those who do wrong;

<sup>2</sup> for like the grass they will soon wither,  
like green plants they will soon die away.

<sup>3</sup> Trust in the LORD and do good;  
dwell in the land and enjoy safe pasture.

<sup>4</sup> Take delight in the LORD,  
and he will give you the desires of your heart.

<sup>5</sup> Commit your way to the LORD;  
trust in him and he will do this:

<sup>6</sup> He will make your righteous reward shine like the dawn,  
your vindication like the noonday sun.

<sup>7</sup> Be still before the LORD  
and wait patiently for him;  
do not fret when people succeed in their ways,  
when they carry out their wicked schemes.

Psalm 37:1-7

**ENDURANCE:** Continuing commitment to following Jesus  
no matter the circumstance. A determination to not give up.

### **4 Ways to grow in endurance:**

#### **1. Trust God's purpose.**

*Trust in the LORD and do good;  
dwell in the land and enjoy safe pasture.*

Psalm 37:3

##### **a. Trusting God involves surrender.**

*And he said to all, "If anyone would come after me, let him deny himself  
and take up his cross daily and follow me."*

Luke 9:23

##### **b. Trusting God leads to action.**

*But be doers of the word, and not hearers only, deceiving yourselves.*

James 1:22

### **2. Enjoy God's presence.**

*Take delight in the LORD,  
and he will give you the desires of your heart.*

Psalm 37:4

#### **a. Resting with God.**

*He appointed twelve that they might be with him and that he might send  
them out to preach.*

Mark 3:14

#### **b. Aligning with God.**

*I am the vine; you are the branches. If you remain in me and I in you,  
you will bear much fruit; apart from me you can do nothing.*

John 15:5

### **3. Commit to God's plan.**

*Commit your way to the LORD;  
trust in him and he will do this:*

Psalm 37:5

#### **a. God is reliable.**

*The one who calls you is faithful, and he will do it.*

1 Thess. 5:24

#### **b. His plan is unstoppable.**

*The LORD of Heaven's Armies has spoken— who can change his plans?  
When his hand is raised, who can stop him?*

Isaiah 14:27

### **4. Wait for God with patience.**

*Be still before the LORD  
and wait patiently for him;*

Psalm 37:7

#### **a. Serve while you wait.**

*Let us not become weary in doing good, for at the proper time we will  
reap a harvest if we do not give up.*

Galatians 6:9

#### **b. Anticipate God's goodness.**

*But as it is written: "Eye has not seen, nor ear heard, Nor have  
entered into the heart of man the things which God has prepared  
for those who love Him."*

1 Corinthians 2:9

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