

# The Helmet of Salvation

## Review:

1. The Belt is my integrity and reliability.
2. The Breastplate is my righteousness.
3. The Shoes are my readiness.
4. The Shield is my confidence in God.



## Our Thought For This Week:

The only part of the body unprotected is the back.

Today: “Confidence in My Salvation!”

“Take the **helmet of salvation** and the sword of the Spirit, which is the word of God.”  
- Ephesians 6:17

**The Helmet’s Use** — To guard the head.

## The Helmet of Salvation

- It is not the act of becoming a Christian.
- It is your hope and understanding of salvation.  
“But since we belong to the day, let us be self-controlled, putting on faith and love as a breastplate, and the **hope of salvation** as a **helmet**.” - 1 Thessalonians 5:8
- Hope is spiritual optimism. It is believing that God will complete what He has started.

## Wearing this helmet is also understanding my salvation.

My salvation has three aspects:

Past —

“For it is by grace **you have been saved**, through faith — and this not from yourselves, it is the gift of God...”  
- Ephesians 2:8

Present —

“For we are to God the aroma of Christ among those who **are being saved** and those who are perishing.”  
- 2 Corinthians 2:15

Future —

“Then I heard a loud voice in heaven say: “Now have come the **salvation** and the power and the kingdom of our God...”  
- Revelation 12:10

“...being confident of this, that He who **began** a good work in you will **carry it on** to **completion** until the day of Christ Jesus.”  
- Philippians 1:6

## Two Ways We Struggle With Our Salvation.

### 1. Doubt —

- To doubt God’s Word.  
“Lord, if it’s you,” Peter replied, “tell me to come to you on the water.”  
“Come,” He said.  
Then Peter got down out of the boat, walked on the water and came toward Jesus. But when he saw the wind, he was afraid and, beginning to sink, cried out, “Lord, save me!”  
Immediately Jesus reached out His hand and caught him. “You of little faith,” He said, “why did you doubt?”  
- Matthew 14:28-31
- To doubt my salvation.  
— “It’s too easy.”  
— “I’m not worthy.”
- To doubt when I pray.  
“But when he asks, he must **believe and not doubt**, because he who doubts is like a wave of the sea, blown and tossed by the wind.”  
- James 1:6

### 2. Discouragement — (depression)

- Over the difficult way God is leading me.  
“They traveled from Mount Hor along the route to the Red Sea, to go around Edom. But the people grew impatient on the way”  
- Numbers 21:4
- Over the difficulty of my tasks.  
“Meanwhile, the people in Judah said, “The strength of the labourers is giving out, and there is so much rubble that we cannot rebuild the wall.”  
- Nehemiah 4:10
- Over the prosperity of the wicked. (Psalm 73:2,3, Proverbs, Ecclesiastes)  
“But as for me, my feet had almost slipped; I had nearly lost my foothold. For I envied the arrogant when I saw the prosperity of the wicked.”  
- Psalm 73:2,3
- Over God’s delay in acting. (Proverbs 13:12, 2 Peter 3:4)  
“Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.”  
- Proverbs 13:12

## The Key to Defeating Doubt and Discouragement is Knowledge.

(It is the Hope of Salvation)

“For God, who said, “Let light shine out of darkness,” made His light shine in our hearts to give us the light of the **knowledge** of the glory of God in the face of Christ. But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed”  
- 2 Corinthians 4:6-9  
- Romans 12:1,2

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