1 Corinthians 10:13

My Discipleship Foundations

Week 3

Overcoming Temptation!

"No temptation has seized you except what is common to mankind. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can stand up under it." - 1 Corinthians 10:13

- Testing in life is designed by God for our development!
- Temptation in life is designed by Satan for our destruction.

 God wants to build us up, Satan wants to tear us down.

We learn several helpful truths about temptation in 1 Corinthians 10:

Temptation is Certain.

1 Corinthians 10:1-12

I'm certain to be tempted...

- A. Regardless of my Privileges.
 - 1. The privilege of guidance. (v. 1)
 - 2. The privilege of deliverance. (v. 1)
 - 3. The privilege of assurance. (v. 2)
 - 4. The privilege of sustenance. (v. 3)
 - 5. The privilege of God's presence. (v. 4)

We have the same temptations they had over 3000 years ago. Like them, we face...

- a. Temptations of idolatry. (v.7) anything ahead of God
- b. Temptations of immorality. (v. 8)
- c. Temptations to try God too far. (v. 9)
- d. Temptations to grumble & complain. (v. 10)
- B. Regardless of my Position. (v. 12)

Temptation is Common.

"No temptation has seized you except what is common to mankind." - 1 Corinthians 10:13 Satan desires for all of us to fall prey to temptation! There are several things he does to destroy our relationship with God:

- A. He puts doubts in our minds. especially about God's Word.
- B. He blinds our minds. (see 2 Corinthians 4:4)
- C. He opposes us and accuses us.
- * The way to resist temptation is to have the right delight!

Temptation is Controlled.

"God is faithful; He will not let you be tempted beyond what you can bear." - 1 Cor. 10:13

- A. It's controlled by God's faithfulness.
- B. It's controlled by God's power.

Temptation is Conquerable.

"But when you are tempted, He will also provide a way out so that you can stand up under it." - 1 Corinthians 10:13

God's promise is that there will always be a way of escape. He gives grace during our temptations.

There are some defenses against temptation:

- A. Run from it!
- B. Watch your thought life.
- C. Prayer is sometimes our only escape.
- D. Consider the following questions:
 - Where will this temptation lead me?
 - Will this degrade me? Before others, and myself.
 - Would I want those I love most to yield to this?
 - Will this cause someone else to stumble?
- E. Build Strong Relationships.
 - With myself
 - With other Christians
 - With Jesus

The proof of God's love for you is *His faithfulness* when you're tempted. The proof of your love for God is *your faithfulness* when you're tempted.

1 Corinthians 10:13

My Discipleship Foundations

Week 3

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The proof of God's love for you is *His faithfulness* when you're tempted. The proof of your love for God is *your faithfulness* when you're tempted.

A. He puts _____ in our minds. — especially about God's Word.