

What is Christian Contentment?

"I am not saying this because I am in need, for I have learned to be content whatever the circumstance. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through Him who gives me strength." - Philippians 4:11-13

Christian contentment is not a grace that is given but a discipline that is learned.

What Christian Contentment is NOT:

1. Being a stoic.
2. Settling for less than what you ought to be.
3. Having enough to be satisfied.

Contentment is:

"And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work." - 2 Corinthians 9:8

Contentment is having all you need for your present circumstances.

Christian Contentment:

1. Contentment can be taught.

"I am not saying this because I am in need, for I have learned to be content whatever the circumstances." - Philippians 4:11

2. Contentment must be tested.

"I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want." - Philippians 4:12

How Can I Be Content During Testing? (Philippians 4:6-10,14)

a) Prayer!

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." - Philippians 4:6,7

b) Thought Control!

"Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things." - Philippians 4:8

c) Follow a good model!

"Whatever you have learned or received or heard from me, or seen in me — put it into practice. And the God of peace will be with you." - Philippians 4:9

d) Find a friend who will help you!

"I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned." - Philippians 4:10
"Yet it was good of you to share in my troubles." - Philippians 4:14

3. Contentment should be triumphant!

"I can do everything through Him who gives me strength." - Philippians 4:13

The Apostle Paul was a Winner!

a) He had an attitude to win!

*"**I can** do everything through Him who gives me strength."* - Philippians 4:13

b) He had a commitment to win!

*"I can **do** everything through Him who gives me strength."* - Philippians 4:13

c) He had a strength to win!

*"I can do everything through Him who gives me **strength**."* - Philippians 4:13

d) He had a reason to win!

*"I can do everything **through Him** who gives me strength."* - Philippians 4:13

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What Christian Contentment is NOT:

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Contentment is:

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Contentment is having all you need for your _____ circumstances.

Christian Contentment:

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- b) _____ Control!

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