

The Secrets of Contentment

Contentment is:

- 2 Corinthians 9:8

Christian contentment is the confidence in God that I have all I need for my present circumstances.

Attitude	(<u>thinking</u> right concerning a situation)
<i>"Whatever is true, noble, right, pure...think about such things."</i>	
+ Action	(<u>doing</u> right concerning a situation)
<i>"...put it into practice."</i>	
= Contentment	(<u>feeling</u> right concerning a situation)
<i>"And the God of peace will be with you." - Philippians 4:8,9</i>	

Contentment is:

1. A quality that must be learned.

*"I am not saying this because I am in need, for **I have learned** to be content whatever the circumstance. I know what it is to be in need, and I know what it is to have plenty. **I have learned** the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want."* - Philippians 4:11-12

2. A quality that does not depend on circumstances.

*"I am not saying this because I am in need, for I have learned to be content **whatever the circumstance**. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want."* - Philippians 4:11,12

3. A quality which results from drawing upon God's power.

"I can do everything through Him who gives me strength." - Philippians 4:13
"My God will meet all of your needs according to His glorious riches in Christ Jesus." - Philippians 4:19

How Do I Develop Contentment?

I Develop Contentment When I ...

1. Sense that someone cares for me.

"I thank my God every time I remember you." - Philippians 1:3
"I long for all of you with the affection of Christ Jesus." - Philippians 1:8
"through my being with you again your joy in Christ Jesus will overflow on account of me." - Philippians 1:26

I Develop Contentment When I ...

2. Know that I am a person in process.

6 "...confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus." - Philippians 1:6
13 "...it is God who works in you to will and to act according to His good purpose." - Philippians 2:13

3. View my circumstances in light of God's plan for me.

"Now I want you to know, brothers, that what has happened to me has really served to advance the gospel." - Philippians 1:12
"But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you." - Philippians 2:17

4. Pursue a relationship with Jesus as my number one goal.

"For to me, to live is Christ and to die is gain." - Philippians 1:21
"What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ." - Philippians 3:8
"I want to know Christ and the power of His resurrection and the fellowship of sharing in His sufferings, becoming like Him in His death," - Philippians 3:10

5. Live a selfless life.

"Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. ⁴Each of you should look not only to your own interests, but also to the interests of others." - Philippians 2:3-4

6. Spend time in prayer.

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." - Philippians 4:6,7

7. Think upon things that are right.

"Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things." - Philippians 4:8

8. Follow a person who's life is content.

"Join with others in following my example, brothers and sisters, and take note of those who live according to the pattern we gave you." - Philippians 3:17

9. Practice the things that contented people do.

"Whatever you have learned or received or heard from me, or seen in me — put it into practice. And the God of peace will be with you." - Philippians 4:9

10. Rely on the power of God in my life.

"I can do everything through Him who gives me strength." - Philippians 4:13

The Secrets of Contentment

Contentment is:

- 2 Corinthians 9:8

Christian contentment is the confidence in God that I have all I _____
for my present circumstances.

Attitude	(_____ right concerning a situation)
	<i>"Whatever is true, noble, right, pure...think about such things."</i>
+ Action	(_____ right concerning a situation)
	<i>"...put it into practice."</i>
= Contentment	(_____ right concerning a situation)
	<i>"And the God of peace will be with you."</i> - Philippians 4:8,9

Contentment is:

1. A quality that must be _____.

*"I am not saying this because I am in need, for **I have learned** to be content whatever the circumstance. I know what it is to be in need, and I know what it is to have plenty. **I have learned** the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want."* - Philippians 4:11-12

2. A quality that does not depend on _____.

*"I am not saying this because I am in need, for I have learned to be content **whatever the circumstance**. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want."* - Philippians 4:11,12

3. A quality which results from drawing upon God's _____.

"I can do everything through Him who gives me strength." - Philippians 4:13
"My God will meet all of your needs according to His glorious riches in Christ Jesus." - Philippians 4:19

How Do I Develop Contentment?

I Develop Contentment When I ...

1. Sense that someone _____ for me.

"I thank my God every time I remember you." - Philippians 1:3
"I long for all of you with the affection of Christ Jesus." - Philippians 1:8
"through my being with you again your joy in Christ Jesus will overflow on account of me." - Philippians 1:26

I Develop Contentment When I ...

2. Know that I am a person in _____.

6 "...confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus." - Philippians 1:6

13 "...it is God who works in you to will and to act according to His good purpose." - Philippians 2:13

3. View my circumstances in light of God's _____ for me.

"Now I want you to know, brothers, that what has happened to me has really served to advance the gospel." - Philippians 1:12

"But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you." - Philippians 2:17

4. Pursue a relationship with Jesus as my number one _____.

"For to me, to live is Christ and to die is gain." - Philippians 1:21

"What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ." - Philippians 3:8

"I want to know Christ and the power of His resurrection and the fellowship of sharing in His sufferings, becoming like Him in His death," - Philippians 3:10

5. Live a _____ life.

"Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. ⁴Each of you should look not only to your own interests, but also to the interests of others." - Philippians 2:3-4

6. Spend time in _____.

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." - Philippians 4:6,7

7. Think upon things that are _____.

"Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things." - Philippians 4:8

8. Follow a person who's life is _____.

"Join with others in following my example, brothers and sisters, and take note of those who live according to the pattern we gave you." - Philippians 3:17

9. Practice the things that _____ people do.

"Whatever you have learned or received or heard from me, or seen in me — put it into practice. And the God of peace will be with you." - Philippians 4:9

10. Rely on the _____ of God in my life.

"I can do everything through Him who gives me strength." - Philippians 4:13